

Dr. Sally Ann Gray



**RELEVANT
RELATIONAL
RIVETING**

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“Shifting Mindsets Tranforming Lives”

Dr. SallyAnn Gray is a trained teacher by profession and a developer of people by purpose. Her award-winning books, offer practical tools for shifting mindset, leading a purposeful life, and achieving personal and professional goals. She was named Georgia Learning Resources Systems,' Special Educator of the Year in 2023.

Having earned her doctoral degree in Educational Leadership from Delaware State University, SallyAnn educates audiences on a broad range of education reform and serves on several education boards and steering committees to ensure global education efforts are equal and accessible for all. Dr. Gray is a lifetime member of the National Society of Leadership and Success, which has a focus on building leaders who make a better world.

Dr. Gray and her husband work together in purpose and both own Gray Focus Training Solutions, Gray Focus Media and Gray Focus Foundation. Their marriage has produced two children, Malachi and Sarah. Raising them is the joy of her life.

She was adopted at three months old, diagnosed with ADHD at fifteen, and kicked out of high school by seventeen. Her past led to her own struggles with a poor mindset in her formative years. Her mission is to help others improve their mindset to achieve better results in their personal and professional lives. Her mantra is simple, I remain committed to growth in all areas of my life, and when I grow, I grow others.

SIGNATURE PRESENTATIONS

No more Excuses: A Mindset that Matches Your Vision

Are you tired of feeling stuck between your goals and your reality? In this powerful keynote, discover how to break free from self-imposed limitations, silence doubt, and develop a mindset that fuels action, purpose, and progress. Learn practical strategies to align your thinking with your vision, so your mission isn't just a dream, but a daily reality. It's time to stop explaining why you can't and start showing why you will.

Ideal for:

Entrepreneurs, leaders, corporate teams, educators, and anyone ready to ditch excuses, unlock their potential, and lead with clarity, courage, and confidence.

You Said You Had Goals: Now Lets Make them Happen

Setting goals is easy, making them happen takes strategy, focus, and relentless action. This energizing keynote challenges you to move beyond wishful thinking and into purposeful doing. Learn how to break down big dreams into achievable steps, overcome obstacles, and stay committed when motivation fades. No more waiting. No more "someday." It's time to turn your goals into results.

Ideal for:

Aspiring entrepreneurs, professionals, students, corporate teams, and anyone who's ready to move from talking about goals to actually achieving them.

From Stuck to Unstoppable: Rewire Your Mindset, Reclaim Your Power

From Stuck to Unstoppable: Rewire Your Mindset, Reclaim Your Power is an empowering keynote designed to help individuals overcome self-doubt, and unlock their full potential. Through practical tools and mindset shifts, attendees will learn how to reframe challenges, reignite confidence, and take bold, purpose-driven action in their personal and professional lives.

Ideal for:

Leaders, entrepreneurs, corporate teams, creatives, and anyone feeling overwhelmed, stuck, or ready to make a transformative shift toward greater success and fulfillment.

Raising Greatness: The Transformative Impact of Positive Parenting

Raising Greatness: The Transformative Impact of Positive Parenting explores how intentional, strength-based parenting can shape confident, resilient, and compassionate children. This inspiring keynote offers practical strategies rooted in positive psychology and emotional intelligence to help parents foster deeper connections, encourage growth mindsets, and nurture the greatness within every child.

Ideal for:

Parents, caregivers, educators, family counselors, and anyone invested in the healthy development and empowerment of children and teens.



Sally's only reason for speaking, training and teaching people, is to stimulate and develop human potential. She delivers relevant, relational and riveting messages that fosters a shift in mindset. She creates and delivers keynote presentations and workshops to teachers, parents, teenagers and corporate groups, equipping them to leave mediocrity behind and step into excellence.

What's the best way to get started with your mindset revolution? One way is to identify where you may have fixed tendencies so that you can work to become more growth minded. We all live on a continuum, and consistent self-assessment helps us become the person we want to be.

Mindset renewal is an inquiry into the power of our beliefs, both conscious and unconscious, and how changing even the simplest of them can have profound impact on nearly every aspect of our lives. A "fixed mindset" assumes that our character, intelligence, and creative ability are static givens which we can't change in any meaningful way. A "growth mindset," on the other hand, thrives on challenge and sees failure not as evidence of unintelligence but as a heartening springboard for growth and for stretching our existing abilities. Out of these two mindsets, which we manifest from a very early age, springs a great deal of our behaviour, our relationship with success and failure in both professional and personal contexts, and ultimately our capacity to lead fulfilled lives.

Begin your journey of growth today.

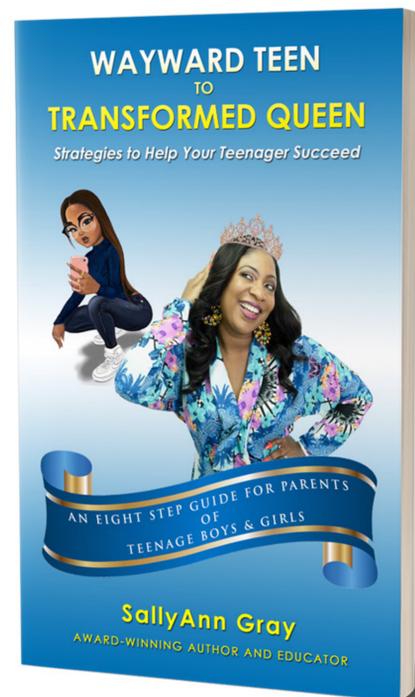


Diagram by SallyAnn Gray. Excerpt from 'The Renewal'

A poor mindset will rob anyone of the life they deserve!

In her debut book, SallyAnn bravely shares how being adopted and diagnosed with ADHD caused her to develop a poor mindset. Her poor mindset plagued her during much of her adult life, despite external success. In this honest self-reflection of her most stressful moments, SallyAnn chronicles the steps she has taken to shift her mindset.

SallyAnn now thrives on a growth mindset and has developed a formula for daily mind renewal. She offers this formula to executives, teachers, parents and teenagers to stop the self-sabotage and embrace who they have been called to be.



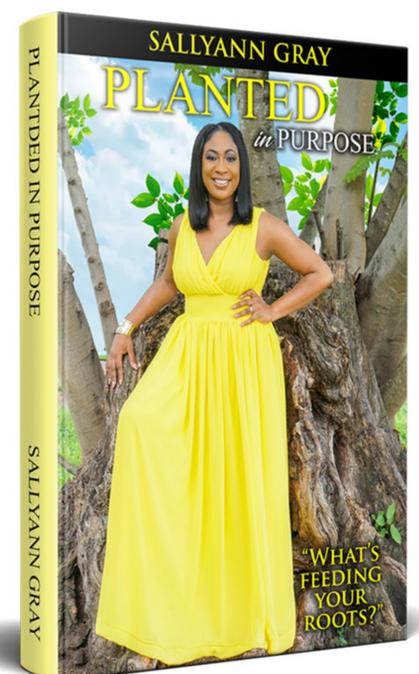
SALLYANN GRAY HELPS PARENTS TO SHIFT THEIR MINDSET ON PARENTING

“When its all said and done, as parents, we all want well rounded, well adjusted contributing members of society as our offspring. In the end, it won't matter so much what their profession is: lawyer, doctor, Indian or chief. What will matter most is WHO they are.” Whether you believe it or not parents, whether you embrace it or not, we have a HUGE role to play in that. Let us lead them not only in words but in deeds. For what we do will have a much bigger impact than what we say.”

-Excerpt, Wayward Teen to Transformed Queen: Strategies to Help your Teenager Succeed

ARE YOU PLANTED IN PURPOSE? SALLYANN WILL SHIFT YOUR MINDSET WHEN IT COMES TO PURPOSE!

Many in fact do start, but what does it take to remain consistent and finish your course? How do you remain rooted when life knocks you down? Is there a way to keep your focus despite the worries of life? Are the limits we see even real or are they self-imposed bars?



GOVERNMENT AGENCIES THAT HAVE WORKED WITH SALLY



MINISTRY OF
EDUCATION



NATIONAL
LIBRARY OF
JAMAICA
explore. discover. connect.

SCHOOLS & UNIVERSITIES THAT HAVE WORKED WITH SALLY



THE UNIVERSITY
OF THE
WEST INDIES



HILLEL ACADEMY
An International School



Westwood Old Girls
Association



UNIVERSITY COLLEGE
OF THE CARIBBEAN
(UCC)

Fostering Leadership & Innovation

COMPANIES THAT HAVE WORKED WITH SALLY



SALLY IN THE MEDIA



SALLYANN GRAY IS 'SHIFTING MINDSETS & TRANSFORMING MINDS'



SALLYANN HELPS OTHERS GET 'PLANTED IN PURPOSE'



TVJ INTERVIEW- SALLYANN HELPS OTHERS TO SHIFT THEIR MINDSET WITH THE POWER OF HER STORY



WSAV NBC TV INTERVIEW WITH SALLYANN GRAY



CVM AT SUNRISE TV INTERVIEW WITH SALLYANN GRAY



INSPIRE ME THE POWER OF A CHANGED MIND



WHAT PEOPLE HAVE TO SAY

In just one moment with SallyAnn Gray, she inspired and invigorated my spirit! It is like oxygen to hear from her as she breathes words of encouragement to uplift me on this journey of life. She served as a panelist at my Premium Business Networking Signature Forum and she did not disappoint. Every person in the room left feeling inspired and empowered to take some serious action in their own life. The tips she shared on developing a growth mindset are practical and gave members of the audience great insight on how to make some immediate changes. We are looking forward to working with her again.

Erica McKenzie,

President & CEO, Creative Brands & Concepts - Jamaica

SallyAnn was the kick-off speaker for the High School/High Tech Program at our school. The speaker did a wonderful job of keeping the students engaged! It was very motivational and set the tone for our kick off event.

I have also been to a training for our staff that they conducted and it was again a meaningful message to help us focus on our purpose.

Patricia Case,

Transition Specialist, Savannah Chatham County School - Georgia

This lady needs no introduction, I am positive she will change the world with her powerful story. She was funny, witty, informative, inspiring and empowering. The questions SallyAnn asked the audience as she delivered her presentation caused us to pause, think and become reflective to the deeper calling we all have as human beings. Without hesitation, I highly recommend SallyAnn to any conference organizer seeking to inspire their audience to pursue greatness.

Jill Primm,

Founder, Restore Women's Conference - California



SallyAnn isn't your typical keynote speaker!
With her dynamic and interactive style,
she moves her audience into action by
giving strategies to renew their mind and create bottom line results!

WHY HIRE SALLY?

SallyAnn will partner with you to achieve the objectives of your event.

She has two main goals:

- 1) Make YOU, the event planner SHINE!
- 2) Give your attendees powerful and practical content they can take action on NOW!